

## Parent/Carer Guide to Selecting an Early Intervention Program for Children with Autism

Questions to ask	
Evidence regarding effectiveness of the intervention	About the intervention
<p><b>Research</b></p> <ul style="list-style-type: none"> <li>- What kind of scientific research indicates the intervention is effective?</li> <li>- Does the program use evidence-based practices?</li> <li>- Does the child share necessary characteristics with those in the research study (e.g. ability, age)?</li> <li>- Can you provide me with research articles about this intervention that I can read?</li> </ul> <p><b>Evaluation of Progress</b></p> <ul style="list-style-type: none"> <li>- What goals or outcomes do you hope to achieve with this intervention?</li> <li>- How will this intervention help each child function better?</li> <li>- How will each child's progress (skills and functioning) be evaluated?</li> <li>- Using what measurements?</li> <li>- How often?</li> <li>- How will the program be adjusted according to each child's progress?</li> </ul>	<p><b>Multidisciplinary Intervention Team</b></p> <ul style="list-style-type: none"> <li>- What qualifications, training, and knowledge do members of the intervention team have?</li> <li>- What is the involvement of the professionals in the intervention?</li> <li>- Who is involved in the intervention on a daily basis?</li> <li>- How often are the pediatrician, child psychiatrist, child psychologist, speech-language pathologist, teachers, and/or occupational or physical therapists with the child?</li> <li>- How often will the team meet?</li> </ul> <p><b>Child's Experience</b></p> <ul style="list-style-type: none"> <li>- What will a day be like for the child?</li> <li>- How will the intervention be adapted to meet each child's unique needs?</li> <li>- Is this the best intervention for this child given his/her personality, temperament, and needs?</li> <li>- What risks are there to the child's physical or emotional health?</li> </ul> <p><b>Family Focus</b></p> <ul style="list-style-type: none"> <li>- Does this intervention meet the goals or needs of the family?</li> <li>- Will this intervention fit the family's lifestyle?</li> <li>- How are families involved in the intervention?</li> <li>- Is there parent training included?</li> </ul>

*For more information about how AEIOU fulfils the above criteria please call AEIOU's Parent Assistance Line on 1300 273 435.*